



Average Weight Loss 10.43 Pounds – 12/9/2011*

Person Number	Baseline Wt. (lbs) <i>A1c</i>	Week 1 Wt. (lbs) SS**	Week 2 Wt. (lbs) SS**	Week 3 Wt. (lbs) SS**	Week 4 Wt. (lbs) SS**	Week 5 Wt. (lbs) SS**	Week 6 Wt. (lbs) SS**	Week 7 Wt. (lbs) SS**	Week 8 Wt. (lbs) SS**	Week 9 Wt. (lbs) SS**	Week 10 Wt. (lbs) SS**	Week 11 Wt. (lbs) SS**	Week 12 Wt. (lbs) SS**	Net Loss <i>End A1c</i>
1	214	209	208	206	206	206	208	208	205	205	207	207	210	-4 lbs
	<i>A1c 5.9</i>	11	9	10	9	7	6	4	8	4	1	3	5	<i>A1c 5.5</i>
2	270	270	267	264	263	261	260	259	258	255	254	254		-16 lbs
	<i>A1c 7.9</i>	8	13	11	6	10	9	13	12	14	12	11		
3	226	223.4	222	219.5	223.8***	224	222.2	221.2	220	219.4	220.2	219.2	218.2	-7.8 lbs
	<i>A1c 7.3</i>	10	10.5	9.5	6	3	11.8	10	8.2	9.6	1	4	5	<i>A1c 7.2</i>
4	222	218.6	217.4	215	218	220.8	218.4	216.8	215.4	216.2	215			-7 lbs
	<i>A1c 5.8</i>	6.4	7.7	5.4	2	4	7.4	5.6	7.4	3.2	7.2			
5	289	282	280	277	274	273	271	270	268	268	269	267		-22 lbs
	<i>A1c 6.8</i>	12	9	10	12	9	11	8	9	5	5	10		
6	304	295	294	295	293	289	288	289	290	289	288	285		-19 lbs
	<i>A1c 7.1</i>	13	8	7	11	12	9	6	6	7	7	11		
7	274	271	269	267	267	266	267	266	265					-9 lbs
	<i>A1c 7.0</i>	10	9	10	8	8	0****	6	7					
8	168	167	142	160.5	159	158.5	158	156	156					-12 lbs
	<i>A1c 8.4</i>	11	16	10.5	12.5	12.5	12.5	14	12					
9	216	215.5	214.5	213	213	212	211.5	212	211					-5 lbs
	<i>A1c 6.4</i>	6.5	8	7.5	5	6	5.5	4.5	3					
10	235	235	231	229	228	228	227							-8 lbs
	<i>A1c 7.3</i>	10	13	10	10	9	11							
11	200	197	195	195	195	192								-8 lbs
	<i>A1c 6.6</i>	10	10	9	8	11								
12	164	162	154	153	152	149								-15 lbs
	<i>A1c 6.9</i>	5	14	6	6	8								

*12/9/2011 – Data gathered to date

**SS = SUGAR SCORE™

***Participant reports new scale being used

****Participant reports flu-like illness



Average Weight Loss 10.43 Pounds – 12/9/2011* (continued)

Person Number	Baseline Wt. (lbs) <i>A1c</i>	Week 1 Wt. (lbs) SS**	Week 2 Wt. (lbs) SS**	Week 3 Wt. (lbs) SS**	Week 4 Wt. (lbs) SS**	Week 5 Wt. (lbs) SS**	Week 6 Wt. (lbs) SS**	Week 7 Wt. (lbs) SS**	Week 8 Wt. (lbs) SS**	Week 9 Wt. (lbs) SS**	Week 10 Wt. (lbs) SS**	Week 11 Wt. (lbs) SS**	Week 12 Wt. (lbs) SS**	Net Loss <i>End A1c</i>
13	239	237.1	235.7	235.5	233.8	235.8	233.5							-5.5 lbs
	<i>A1c 6.5</i>	7.9	8.4	7.2	8.7	5	10.3							
14	201	203	203	203.2	204.2	203.1								-0 lbs
	<i>A1c 6.9</i>	3	5	6	7	9.1								
15	186.6	183	181.5	180	180	179								-7.6 lbs
	<i>A1c 7.0</i>	11.6	9.5	10.5	9	9								
16	236	223	219.6	219.8	217.6	214.4								-21.6 lbs
	<i>A1c 6.0</i>	18	8.4	5.8	8.2	10.2								
17	278	278	270	269.6	269.6	268.2								-9.8 lbs
	<i>A1c 7.0</i>	8	17	5.4	11	12.4								
18														
19														
20														
21														
22														
23														
24														

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